

4-H TRY PROGRAM

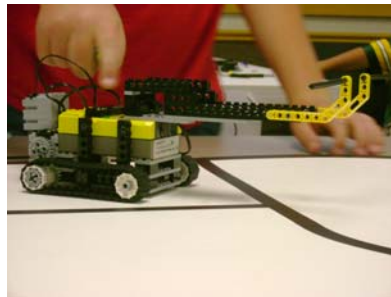


2009

OPEN TO UTAH TEENS 8th-12th Grade

Here is your chance to be trained on an exciting new project, mentor younger youths, build your portfolio and have a blast!

TRY stands for Teens Reaching Youth. It is the newest leadership program sponsored by Utah 4-H. You **do not** have to be enrolled in 4-H to get involved. We are currently recruiting TRY Teams throughout the state. A team is made up of 2 to 4 teens and their adult coach.



Kids LOVE learning about robotics! Robotics is just one of four exciting choices in the TRY Program.

Selected teams will attend a retreat to learn how to teach fun, hands-on programs for younger youth, selecting one of four project areas: Robotics, Lotions & Potions, Recharge Fun, Food & Fitness, or Science Polooza!

Enjoy these awesome benefits:

- Great resume experience for work, scholarship, and college applications!
- Gain experience teaching others.
- Make friends!
- Awards and recognition for you and the youths you teach.
- Be adored by the younger kids you teach!



YES, I WANT TO BE A TRY TEAM MEMBER

Getting started in TRY is easy. Talk to a couple of your teen friends to organize a team. Then select a coach your team feels comfortable working with,

which is often a team member's parent. Each member of the team and their coach submits an application (see back) by the deadline listed for your tract. Selected teams attend training for the project area chosen by the team.

Exciting Choices

Robotics	Pg 3
Lotions & Potions	Pg 3
Science Polooza	Pg 3
Fun, Food & Fitness	Pg 4

Each team commits to teach at least six hours of instruction in the project area to at least 15 younger youths sometime during the year. The team chooses...

- Who they teach
- Where they teach
- When they teach (either all six hours at once, such as a day camp, or for an hour or two at a time for a few weeks)

USU Extension
Utah 4-H Program
4900 Old Main Hill
Logan, UT 84322
(435) 797-4444
www.utah4-H.org

2009 4-H TRY APPLICATION

(To be completed by **each** team member and coach)

Name _____ Grade _____

Mailing Address _____ City _____ Zip _____

Home Phone _____ Email _____

Shirt Size (circle one): Youth Sizes: SM MED LG XL or Adult Sizes: SM MED LG XL XXL

Names of other members of your team: _____

Name of your coach: _____

Our team would like to be trained in the following curriculum (select only one topic):

Robotics:

- October 1-3 (Logan, UT during TLT) - Registration Deadline: September 15*
- November 7 (Ogden, UT) - Registration Deadline: October 15
- November 14 (Beaver, UT) - Registration Deadline: November 1
- November 14 (Price, UT) - Registration Deadline: November 1

Science Polooza:

- October 1-3 (Logan, UT during TLT) - Registration Deadline: September 15*

Lotions/Potions:

- September 26 (Ogden, UT) - Registration Deadline: September 15

Recharge — Fun, Food & Fitness:

- September 26 (Ogden, UT) - Registration Deadline: September 15
- October 1-3 (Logan, UT during TLT) - Registration Deadline: September 15*
- November 7 (Ogden, UT) - Registration Deadline: October 15
- November 14 (Beaver, UT) - Registration Deadline: November 1
- November 14 (Price, UT) - Registration Deadline: November 1

* Except as noted for the TLT Conference, training is free for selected TRY team members and their coaches thanks to generous grant support from the Walmart Foundation Healthy Living Initiative and the Utah Governor's Office of Economic Development WIRED Initiative. Training includes lunch, snacks, curriculum, and program materials.



* Youths who desire to be trained during Teen Leadership Training (TLT) must complete a separate registration form. In addition to TRY training, TLT conference activities include a dance, workshops, and other recreational activities. The fee for the TLT conference is approximately \$150, depending on rooming preference. Registered TRY teams receive a \$100 registration scholarship.

Describe previous 4-H involvement (if any): _____

Describe previous leadership experiences, including community, school, 4-H and other organizations. This may include elected offices, serving on committees or boards, or efforts in planning and organizing events and activities: _____

Describe previous teaching and/or public speaking experiences including community, school, 4-H and other organizations: _____

In 50 words or less, explain why you should be selected to serve in this role: _____

I have discussed the responsibilities of this leadership role with my parent/guardian and the Extension staff in my county. I understand and am prepared to fulfill the commitment to teach as a TRY Team member.

Applicant's Signature _____ Date _____

Parent/Guardian's Signature _____ Date _____

Return by deadline listed above to your county 4-H office. Need an address or phone number? Click <http://utah4-H.org/html/contacts/co-offices>. If you are unfamiliar with 4-H and need assistance in registering or learning about TRY, please contact Donna Carter, 4-H Extension Agent at (801) 399-8202.

TRY Robotics Training, 2009

Option 1

- October 1-3 (During Teen Leadership Training—UEA Break)
- USU Campus
- Logan, UT

Option 2

- November 7, 2009
- 9 a.m.-6 p.m.
- Weber State University
- Ogden, UT

Option 3

- November 14, 2009
- 9 a.m.-6 p.m.
- County Administration Building
- Beaver, UT

Option 4

- November 14, 2009
- 9 a.m.-6 p.m.
- Carbon County Fairgrounds
- Price, UT



Learn how to build and program robots using Lego Mindstorm[®] kits. Whether you loved Legos[®] as a kid, or have never even touched them, this project is awesome.

TRY teams learn how to build robots and attachments using the simple step-by-step instructions. Then they learn how to create a program that will instruct their robot to complete the assigned challenges. The software program is easy to learn because it uses simple icons—which makes it easy to teach younger youths to program robots! Plus, there are theme-based missions to make it even more fun.



TRY training for Robotics and Science Polooza are generously funded by the Utah Governor's Office of Economic Development WIRED Initiative.



If science is more your style, you will love the Science Polooza project. You'll help kids discover the world of science through awesome activities like making slime, monster bubbles, CO₂ sandwiches, potato gun launchers, mentos volcanoes, and more!

You don't have to be a science genius to enjoy this tract! You will have fun right along with the kids you teach.

TRY Science Polooza Training, 2009

Option 1

- October 1-3 (During Teen Leadership Training—UEA Break)
- USU Campus
- Logan, UT



If pampering is more your style than science and technology, you may choose to get trained in the Lotions & Potions project. You will learn how to make body lotion, lip balm, bath salts, and other wonderful spa products. These finished spa items also make GREAT gifts that both you and the youth you teach will enjoy giving.

NEXT STEPS— Lotions and Potions is a great way to get started as an entrepreneur—where you start and operate your own business.

TRY Lotions & Potions Training, 2009

- Saturday, September 26
- 9 a.m.-6 p.m.
- Weber State University
- Ogden, UT



More exciting projects on page 4!

TRY Recharge Fun, Food & Fitness Training, 2009

Option 1

- September 26
- 9 a.m.-6 p.m.
- Weber State University - Ogden, UT

Option 2

- October 1-3 (During Teen Leadership Training—UEA Break)
- USU Campus - Logan, UT

Option 3

- November 7
- 9 a.m.-6 p.m.
- Weber State University - Ogden, UT

Option 4

- November 14
- 9 a.m.-6 p.m.
- County Adm. Building - Beaver, UT

Option 5

- November 14,
- 9 a.m.-6 p.m.
- Carbon County Fairgrounds - Price, UT



Learning to eat right and stay active has never been so fun. The Recharge Fun, Food & Fitness project uses an NFL theme to help youths discover healthy eating and lifestyle habits. It is full of games, sports, food preparation and other great activities that kids will love and you will love teaching!



Thanks to a generous grant from Walmart, funding is even available to provide the food and prizes for the Recharge classes taught by TRY team members.

NEXT STEPS— You may get so

excited with food preparation activities, that you

might choose to compete in one of the three 4-H county food contests—Healthy Cuisine, Favorite Foods, and Chef Extraordinaire. Youth who excel in county competition earn the opportunity to compete in state-level competition. Along with other state prizes, the state winner in the Chef Extraordinaire Contest wins a KitchenAid® Mixer, the Healthy Cuisine winner receives a cookware set, and the Favorite Foods winner receives a blender.

