



October 2010

Utah County 4-H Newsletter

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VOTE 4-H!
Help win the JC Penny charity giveaway.

Help JC Penny decide which charity to give \$500,000 to. You can vote where the money should go and your vote will help the winner receive \$250,000, second place receive \$150,000, third place receive \$75,000, and fourth place receive \$25,000!

Every vote counts!

To vote for National 4-H Council as the charity of choice, visit the [JCPenny Facebook page](#) and "like" the page. Next, click on the "JCPcares" tab and vote for National 4-H Council as your program of choice! You can vote once a day until October 3.

Thank you for helping us serve you better!

Achievement Scorecards and Portfolios are due October 1.
 A scorecard is attached to this newsletter.

October

- 1 Portfolios and Achievement Scorecards Due
- 2 TRY Team Training - Weber County #1
- 2 State Winner's Retreat at Lagoon 9th-12th grade
- 4 Portfolio Judging
- 14-16 Teen Leadership Training 9th-12th grade
- 15 Sewing Leaders Training Application Due
- 25 FNO Halloween Carnival
- 25 Leader's Council Meeting 11:45am
Teen Council Meeting 4:00pm

November

- 3-4 Sewing Training
- 5-6 TRY Team Training - Thanksgiving Point
- 5-6 County Ambassador Planning Retreat
- 8 FNO Movie and 4-H Achievement Night
- 12-13 Turkey Show
- 13 TRY Team Training - Weber County #2
- 22 Leader's Council Meeting 11:45am
Teen Council Meeting 4:00pm

December

- 1 Avoid Falling for a Jerk registration due 10th-12th grade
- 11 Super Saturday - 4-H Winter Games
- 11 4-H Leader Training

Portfolios and Achievement Scorecards Due

Date: October 1
Time: By 5:00pm
Return to: 100 E Center St L400, Provo, UT 84606

Be sure to have your Achievement Scorecards filled out and turned in to the Utah County 4-H office by October 1st. A current Achievement Scorecard is attached. No Scorecards will be accepted after this date. Portfolios are also due on this date.



FNO - Halloween Carnival

Date: Monday, October 25
Time: 6:00-7:30pm
Cost: FREE
Location: Westmore Elementary, 1150 S Main, Orem
Eligibility: All 4-H'ers and their families

Dress up and come enjoy Halloween games and activities. Fun for the entire family. Bring your Halloween bag. Prizes for the best costume. Dinner will not be served.

TRY Team Training

Eligibility: 9th-12th grade 4-Her's with one leader per team

TRY stands for Teens Reaching Youth. In this program, TRY teams (which consist of 2 to 4 teens and their adult coach) receive training in a specific curriculum and learn how to teach younger youth. You do not need prior 4-H experience to be involved in a TRY team so this is a great opportunity to get your friends involved.

THANKSGIVING POINT TRAINING

Thanksgiving Point will be offering 3 different TRY Team Trainings on the evening of Nov 5th and all day the 6th. Each team chooses ONE of the following tracts.

Date: Fri-Sat, November 5-6
Time: Specific times TBD
Cost: FREE, travel on your own
Sign up by: October 29, call the 4-H office at 801-851-8470
Location: Thanksgiving Point
Curriculum offered: Solar System Exploration OR Robotics (LEGO Wedo) OR Speak Out for Military Kids

WEBER COUNTY TRAINING

The whole team and their coach must attend the entire training (lunch & snacks provided).

Date: Sat, November 13
Time: 9am-6pm
Cost: FREE, travel on your own
Sign up by: October 29, call the 4-H office at 801-851-8470
Location: Weber County 4-H Office
Curriculum offered: Lotions and Potions





FNO Movie and 4-H Achievement Night

Date: Mon, November 8th

Time: 6:00-9:00pm

Location: American Fork Towne Cinema, 120 West Main St., American Fork, Utah 84003

Eligibility: All 4-H'ers and their families



This year we will be combining Family Night Out with the 4-H Achievement Night program. Come support all our 4-H youth as we honor their achievements over the last year and then have some fun with a private movie viewing (movie still to be determined).

Examples of some of the awards given include:

First Year & Mini Certificates: For all 4-Hers who just completed their first year in 4-H or were a mini 4-Her this year. (Must be enrolled by June 1, 2010)



Year of Completion Pins: Every 4-Her in attendance will receive a pin indicating the year they just completed in 4-H. THEY MUST BE IN ATTENDANCE AT ACHEIVEMENT NIGHT TO RECEIVE A PIN.

4-H Contest Winners: All the 4-H contest winners will be receiving their trophies at Achievement Night if not already presented at the Utah County Fair.

4-H Portfolio Competition Winners: Numerous awards will be given to the top 4-Hers in the 4-H Portfolio Competition for the outstanding work they have done in 4-H this year. Awards such as Outstanding Portfolio, Category Awards, Project Pins and Incentive Awards will be given.

4-H Achievement Awards: Youth who participated in numerous activities sponsored by the County and State 4-H program will be recognized for their level of involvement.



Sewing Training

Date: Wed-Thurs, November 3-4

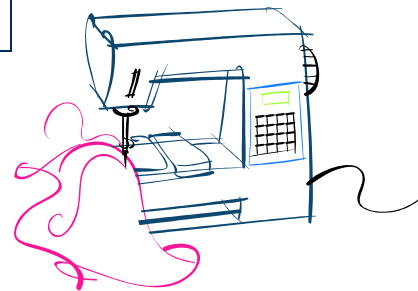
Time: TBA

Sign up by: October 15, all registration forms and information are available at utah4h.org. Registration is through the State 4-H office.

Cost: \$35, includes 1 lunch and materials/supplies for seven classes. This does not include housing.

Location: Best Western Landmark Inn, Park City

Eligibility: 4-H leaders



This is an exciting opportunity for anyone involved in teaching sewing skills. Come learn from others and share your talents. A wide variety of workshops are available. See utah4h.org for more details.

Avoid Falling for a Jerk (or Jerk-ette)

Date: Fri-Sat, January 21-22

Time: 4:00pm Fri to 4:30pm Sat

Sign up by: December 1, call the 4-H Office (801-851-8470)

Cost: \$50, with 1/2 scholarships offered to the first 15 boys and the first 15 girls to sign up

Location: Aspen Grove Family Camp, Provo Canyon

Eligibility: 10th-12th grade 4-Her's statewide



This year's exciting winter camp is being co-sponsored by Utah County and the State 4-H office. We will be learning all about what it takes not to be or date a jerk (or jerk-ette). Activities will include cross country skiing, speed dating, snow sculptures, and many more fun and interactive activities. We encourage everyone to recruit a friend to 4-H and bring them along.

Super Saturday - 4-H Winter Games

Date: Saturday, December 11

Time: 9:30-12:30

Cost: FREE

Location: Utah County 4-H Offices, 100 E Center St. L-400, Provo

Eligibility: All 4-H youth

Come out and compete in the 4-H Winter Games sponsored and run by the Teen Council. Come enjoy a variety of fun winter activities: speed skating relay, winter gear games, writing Christmas cards to soldiers, Christmas treats, hot chocolate. Bring your camera because Santa Claus is coming to town. This will be a fun time for all and we encourage everyone to come enjoy.

This youth activity is done in conjunction with Leader Training for all adult volunteers.



4-H Leader Training

Date: Saturday, December 11

Time: 9:30-12:30

Cost: FREE

Location: Utah County 4-H Offices, 100 E Center St. L-400, Provo

Eligibility: All 4-H leaders

Want to learn more about the exciting opportunities with Utah County 4-H? Looking for new ideas for your club? Then come join us for an opportunity to share your experiences and learn some new tricks at 4-H Leader Training. Workshops will include New Leader Training, Ideas for Cloverbuds, and more. All leaders are invited to attend.

This leader activity is done in conjunction with Super Saturday for all 4-H youth.

100 E. Center St. L400
Provo, UT 84606
Phone: (801) 851 8470
Fax: (801) 343-8065
www.utahcounty4h.org



UTAH STATE UNIVERSITY IS AN AFFIRMATIVE ACTION/EQUAL OPPORTUNITY INSTITUTION

2009-2010 Utah County 4-H Achievement Scorecard



Each activity/contest/event is worth 1 point
except for those indicated.
Due October 1st in 4-H Office

Name _____

Points Required	Award Earned (please check)
25 Points + portfolio	\$50.00 Gold Award _____
20-24 Points	\$25.00 Silver Award _____
15-19 Points	\$10.00 Bronze Award _____

Date	Activity/Contest/Event	Pts.
Oct 1-3, 2009	Teen Leadership Training – 9 th - 12 th	
Oct 14-17	County Ambassador Retreat	
Oct 19	Family Night Out - Halloween Carnival	
Oct 26	Teen Council – 9 th - 12 th grade	
Nov 5	4-H Achievement Night	
Nov 13-14	Christmas Sew Camp	
Nov 13-14	Utah Turkey Show	
Nov 17	TRY Training – 9 th - 12 th grade	
Nov 21	Super Saturday - Giving Thanks	
Nov 23	Teen Council – 9 th - 12 th grade	
Dec 10	Family Night Out - Christmas Carol	
Jan 2, 2010	Hunter Education	
Jan 8-9	Baby Shower Sew Camp	
Jan 15-16	Jr. Teen Retreat - 5 th - 8 th grade	
Jan 22-23	Winner's Retreat – 9 th - 12 th grade	
Jan 25	Teen Council – 9 th - 12 th grade	
Feb 1	Leader's Banquet - Murder Mystery Theme	
Feb 1	Senior 4-H Portfolios – 2 pts	
Feb 13	Sweetheart Dinner - 9 th - 12 th grade	
Feb 17	Consumer Bowl– 2 pts	
Feb 22	Teen Council – 9 th - 12 th grade	
Feb 22	Family Night Out - 7 Peaks Ice Arena	
Mar 22	Teen Council – 9 th - 12 th grade	
Mar 24	Chef Extraordinaire Contest – 2 pts	
Mar 31-Apr 2	4-H Leadermete 2010 - 9 th - 12 th grade	
Apr 12	Family Night Out - Working Together	
Apr 20	Mock Legislature – 9 th - 12 th grade	
Apr 24	Super Saturday	
Apr 26	Teen Council – 9 th - 12 th grade	
Apr 28-May1	Utah Jr Livestock Show - Sp. Fork	
Apr 29	Healthy Cuisine Contest - 2 pts	
Apr 30	Livestock & Horse Judging – 2 pts	
May 5	4-H Contest Day #1 – 2 pts each • 4-H/Impromptu/Horse Public Speaking • Demos - all areas • World of Work • Senior Talent & Fashion Revue • Fashion Strategies, Quilting	
May 7-8	Dinosnorzz - 4 th - 8 th grade	
May 24	Teen Council – 9 th - 12 th grade	

Date	Activity/Contest/Event	Pts.
May 31-Jun 1	Millard Co Jr Livestock Show - Delta	
Jun/Jul/Aug	Area Horse Shows	
Jun/Jul/Aug	Area Horse Shows	
Jun/Jul/Aug	Area Horse Shows	
Jun 3	GPS Activity	
Jun 4	Teen Council Kick Off - 8 th - 12 th grade	
Jun 7	Family Night Out - Family Luau	
Jun 7-10	Uintah Bsn Jr Livestock Show	
Jun 7-11	Teen Camp - 9 th - 12 th grade	
Jun 14-16	Adventure Camp – 7 th - 8 th grade	
Jun 18	Day Camp	
Jun 21	4-H Contest Day #2 – 2 pts each • 4-H/Impromptu/Horse Public Speaking • Demos - all areas • World of Work • Senior Talent & Fashion Revue • Fashion Strategies, Quilting	
Jun 22-23	Jr. Teen Retreat - 5 th - 8 th grade	
Jun 25	Favorite Foods Contest - 2 pts	
Jun 28	Teen Council – 9 th - 12 th grade	
Jun 28-30	Junior Youth Conf – 5 th - 6 th grade	
Jul 3	4-H Lagoon Day	
Jul 7-9	Cooking Up Science Camp- 3-5 grade	
Jul 7-10	SE Utah Jr Livestock Show	
Jul 16	Family Night Out - Pool	
Jul 20-22	Interior Design Camp - 6 th - 8 th grade	
Jul 21-24	Alpine 4-H Family Camp	
Jul 26	Teen Council – 9 th - 12 th grade	
Aug 2-4	Robotics Camp- 3 rd - 8 th grade	
Aug 11-12	Sewing Camp 3 rd - 12 th grade	
Aug 16	Utah County Fair Exhibits (up to 5 pts)	
Aug 16-23	Utah County Fair Service	
Aug 18-21	Utah Co. Jr. Livestock Show	
Aug 21	Fair Contest Jr & Int– 2 pts each • Talent - Instrumental, Dance, Piano, Variety and Vocal • Decorate Your Duds • Fashion Revue • Club Displays	
Aug 27-28	Mountain Man Sew Camp - 7 th - 12 th	
Sep 3-4	Mountain Man Rendezvous - 7 th - 12 th	
Sep 10-11	Space Camp - 5 th - 8 th grade	
Sep 17-18	Back to School Retreat – 8 th - 12 th grade	
Sept 21	4-H Contest Day #3 – 2 pts each • 4-H/Impromptu/Horse Public Speaking • Demos - all areas • Video Production • Fashion Strategies, Quilting	
Sept 27	Teen Council – 9 th - 12 th grade	
Oct 1, 2010	County 4-H Portfolios – 2 pts	
All Year	Thank You to Donors	
	Total Points Earned	