



May 2011

Utah County 4-H Newsletter

MAY

4-7	Utah Jr. Livestock Show - Spanish Fork
6-7	Puppetry & Ventriloquism Camp
21	Sewing Workshop #4
23	Leaders Council Teen Council
30 - June 2	Millard Co Jr. Livestock Show - Delta

JULY

2	4-H Lagoon Day
6-9	SE Utah Jr. Livestock Show
6-9	Alpine 4-H Family Camp
11-13	Island Adventure Camp 3rd-6th graders
11-13	4-H Contests 9th-12th graders
15	Family Night Out - Scera Pool Party
18	Teen Council Leaders Council
20-22	Culinary Arts Camp
27	Tie Dye Day

JUNE

3-4	Jr. Teen Retreat 5th-8th graders
6	Family Night Out – Luau
8	GPS Activity
6-10	Teen Camp 9th-12th graders
13-15 15-17	Adventure Camp 7th-8th graders
17	Day Camp
20	Teen Council Leaders Council
21	Favorite Foods Contest
23	4-H Demos Contest-all areas
23	4-H Senior Talent & Sewing/Fashion Contest
23	Fashion Strategies
24	State 4-H Contest Registration Due 9th-12th graders
27-30	Uintah Basin Jr. Livestock Show
27-29	Junior Youth Conference 5th-6th graders

VOLUNTEER JUDGES NEEDED!

June 21

9:00-2:00 Favorite Foods Contest
- 2 people

June 23

9:00-3:00 Demonstrations Contest
- 2 people

August 9

All day Salt Lake Fair Judging
-20 people

August 24

All day Box Elder Fair Judging
-20 people

Please contact Allison at 801-851-8466 if you would like to volunteer.

2011 Re-enrollment

Re-enrollment this year has been emailed to club leaders. Please make sure to read the instructions carefully when you get it!

* All Livestock & Horse Club enrollments are due **May 1**

* Regular 4-H Club enrollments are due **June 1**

Super Saturday-Pirates

Date: Saturday, April 30

Time: 9:30am - 12:30pm

Location: County Admin Bldg. Rm L-7,8,900

Eligibility: All 4-Her's & Volunteers

Adult Training:

9:40-10:25 Blue Ribbon 4-H Clothing Exhibits with Kendra Coral

10:25-11:10 Paper Pizazz with James Lakko

11:10-11:55 4-H Fair Contests and Events by JoLene Bunnell

11:55-12:30 Fashion Revue Changes: New Contest Guidelines Fashion & Sewing Contest by JoLene Bunnell

Youth Workshops:

- Treasure Hunt
- Musical Ships
- Pirate Puppets
- Styrofoam Swords

Come and earn pirate gold throughout the workshops and by bringing canned food! At the end there will be an auction with the gold you've collected.

Teen Summer Camp-GET SMART

Date: June 6-11 or June 9-11

Time: 10am Mon—10am Sat or 2pm Thurs-10am Sat

Sign up by: **May 2** (\$50 deposit due)

Cost: \$160 for Entire Week or \$90 for Half Trip with 10 spots available with 1/2 scholarships (\$80 scholarship for full trip and \$42.50 scholarship for half trip).

Location: Provo, Heber

Eligibility: 9th-12th grade 4-Her's



We will be traveling to Logan, Pleasant Grove Space Camp, and Heber Valley performing different missions throughout the week. We will be learning outdoor leadership activities including: hiking, outdoor adventure, leadership games, space center, and a ropes course. Sleeping Bags needed!!!!

For additional information see attached flyers at the end of the newsletter!

Sewing Workshops



Date: Workshop #4 - \$8.00
Sat, May 21

Time: 10:00-11:30am

Sign up by: **May 13**, call 801-851-8470

Location: 100 E. Center St. Rm. L700, L800, L900

Eligibility: All 4-H members

Workshop #4: Quillow-basic quilting techniques. It will be nice to wrap up in something that you made yourself.

All youth will need to bring their own sewing machine to use!

One adult must attend with 2 youth.

Utah 4-H Adventure Camp



Date: June 13-15th or June 15-17th

Deadline: **May 16th**

Location: Flaming Gorge, Utah

Cost: \$150 with 1/2 scholarships for the first 15 youth that sign up and pay (only 6 scholarships left!).

Eligibility: 7th and 8th grader 4-Her's only (grade in right now)

Come bask in the summer heat, bring your sleeping bag for real camping, and prepare to get dirty at Flaming Gorge!

This camp will be primitive camping at the Green's Lake campground, and will be physically demanding. Take part in these great activities: white water rafting down the Green River, spelunking (cave exploring), and touring Flaming Gorge Dam. Register today! Space is limited!

Go to <https://utah4-h.org/html/events-registration/adventure-camp> on the State 4-H page for the flier and registration information.

Utah County will only provide transportation for Session #1 June 13-15th. If you sign up for Session #2 you will need to get the youth to and from Flaming Gorge on your own.

Junior Teen Retreat-Boot Camp



Dates: June 3-4

Times: 1:45pm Fri.-12pm Sat.

Sign up by: **May 25**, call 801-851-8470

Cost: \$35 with \$17.50 scholarships for the first 30 kids

Location: Drop-off at CLAS Ropes Course, 3606 W. Center St. in Provo and Pick-up at JoLene's House, 585 W 10 N in Lindon

Eligibility: 5-8th grade 4-H'ers (grade just completed)

We will be having fun activities dealing with military such as an obstacle course, dog tags, letters to soldiers, KP duty, military games, etc. A possible guest speaker from the military with canoeing and a ropes course. Dinner and breakfast will be provided.

If parents are interested in chaperoning please let us know

GPS Activity

Date: Wed, June 8

Time: 1-3pm

Sign up by: **May 27**, call 801-851-8470, 45 spots available

Location: Rock Canyon Park, 2620 N 1200 E (Iroquois Dr)

Eligibility: All 4-H'ers, Cloverbuds escorted by a parent



Come on out for this fun and interactive GPS experience. This activity is a fun opportunity for kids to learn to use a GPS unit common to hiking or backpacking.

We will teach the kids how to use the unit and then its up to them to find the geo caches hidden around the park. The treasure hunt is on! Don't get left behind.

Uintah Basin Jr. Livestock Show

Show Dates: June 27-29

Location: Vernal

Entry Deadline: **May 28**

Entry Fees: \$10 per animal

Max # of Animals Allowed: Two market animals per exhibitor any combination of beef, lambs, hogs, goats. Only one animal sells.

Send entries to: Boyd Kitchen
152 E 100 N
Vernal, UT 84078
435-781-5452

Family Night Out - Family Luau

Date: June 6

Time: 6:00pm

Cost: FREE

Location: Lion's Park Pavilion #1 1280 N 950 W in Provo

Eligibility: All 4-H families

We will be serving Dinner! The UVU Polynesian Club will be performing and teaching everyone how to dance. Activities will include Aloha sack races, the limbo, pictures, Hawaiian games, etc.



Junior Youth Conference

Dates: June 28-30

Sign up by: June 1, call 801-851-8470

Cost: \$110 with 1/2 tuition scholarships for the first 15 youth that sign up and pay.

Location: Snow College, Ephraim

Eligibility: 5th and 6th grade 4-Her's

Every summer in Ephraim, on the Snow College campus, 4-H presents its camp for those youth who have just completed 5th and 6th grade. Junior Youth Conference is held the last week in June every year.



Youth who attend JYC are split into groups upon arrival and assigned to a Teen Leader. Youth are able to make new friends and experience new things as it is usually the first time for the youth to be on such a trip. While at the conference, all youth get the opportunity to go through many workshops that teach them about teamwork, trust, friendship, and many other life skills. Teen Leaders manage each group in order to keep the youth always busy with games, activities, or a project of some kind.

Activities at JYC also include Snow Follies, which is a Snow College sponsored event in which Snow College ambassadors throw a huge water fight that everyone gets involved in!

Junior Youth Conference is truly a unique event for those who come! The lessons learned and the friends made last a lifetime.

Go to <http://utah4h.org/htm/events-registration/junior-youth-conference> for the flier and registration information. Must sign up and pay with Utah County 4-H.

Southeastern Utah Jr. Livestock Show



Show Dates: July 6-9

Location: Ferron

Entry Deadline: June 7

Entry Fees: \$10 for the first animal and \$5.00 for each additional animal.

Max # of Animals Allowed: Two market animals per exhibitor any combination of beef, lambs, hogs, goats. Only one animal sells. No limit on breeding beef or sheep.

Send entries to: Dennis Worwood
Courthouse, Box 847
Castle Dale, UT 84513
435-381-2381

Favorite Foods Contest

Date: June 21

Time: 9:00am-2:00pm

Sign up by: June 15, call 801-851-8470

Location: Administration Building, 100 E Center St. L7-800, Provo

Eligibility: All 4-Her's

In this contest, participants will prepare their favorite food at home and then bring and present it to the judges. Contestants should be prepared to discuss the favorite food- why it's your favorite, where you got the recipe, any special techniques used in preparing it, and anything you'd like to share about your favorite food.

This contest is taking over for the ethnic foods, dairy and egg preparation contests so, if you have enjoyed entering these contests in the past you'll love entering this one as well.



Day Camp-Candy Land



Date: Friday, June 17

Time: 9am-2pm

Cost: Free

Location: Canyon Glen Park, Provo Canyon

Eligibility: All 4-H'ers

Come join us at Candy land! We will be doing lots of fun activities, and workshops like making kick the can homemade ice cream, a candy hunt, candy science experiments, making candy leis, taffy tug of war pull, playing a live-giant candy land game, and tin punch candy craft. Please bring sunscreen and a sack lunch as no lunch will be provided. Wear comfy clothes that you can get wet and messy in.

Demonstration, Fashion Consumer Strategies, Sr. Sewing & Fashion Contest , & Sr. Talent Contest

Date: Thursday, June 23 from 9:00am-3:00pm

Sign up by: June 16, call 801-851-8470

Location: Administration Building, 100 E Center St. L7-900, Provo

Eligibility: All 4-Her's

Demonstration

Giving a demonstration is an excellent way to teach others the skills you have learned in your 4-H club work. You can demonstrate on any subject you are interested in such as Ag., Home Ec., Food, Horse, or Other. Contestants may work individually or as a team of two. Demonstrations should not exceed 15 minutes.

Fashion Consumer Strategies

Select and model an outfit for a set of judges, sharing decisions made in the selection of the outfit. You also demonstrate decision making skills in selecting the most suitable of three outfits.

Senior Sewing & Fashion Contest

Contestants will be judged on construction, personal presentation, and interview responses. The contestant may choose to display or model the article they have sewn.

Senior Talent Contest

Individual or a team of two, three or four members. Youth share a talent performance in the discipline of their choice such a vocal, drama, dance, gymnastics, instrumental, comedy, etc. A maximum of five minutes is allowed for the talent performance. No minimum time.

Worth 2 4-H Achievement Points.

Culinary Arts Camp



Dates: Wednesday-Friday, July 20-22

Time: 9am-12pm Wed-Thur, 9am-1pm Fri

Sign up by: July 8, call 801-851-8470

Cost: \$40 with \$20 scholarship for the first 15 youth.

Location: Administration Building, 100 E Center St. L7-900, Provo

Eligibility: 3rd-6th grade 4-Her's

This camp is for kids who love food! Food preparation and presentation is almost as important as the foods that you eat. Kids will also learn kitchen safety and become chefs for a day as they learn cooking techniques and create a well balanced meal.

Island Adventure Camp



Date: Mon-Wed, July 11-13

Time: 9am-12pm Mon-Wed

Sign up by: July 1, call 801-851-8470

Cost: \$30, with 1/2 tuition scholarships for the first 15 youth that sign up and pay.

Location: Administration Building L700,800,900, 100 E Center St. Provo

Eligibility: 3rd-6th grade 4-Her's.

At Island Adventures camp, we'll travel to a remote, secret island and spend a few days exploring and learning about ocean and coastal life, including otters, manatees, polar bears, and whales. We'll use maps to study the island and learn about island survival by building shelters and finding fresh water.



4-H Lagoon Day

Date: Saturday, July 2

Cost: Estimated Price: \$27.95 + tax per person

Location: Lagoon in Farmington, UT

Eligibility: All 4-H families

Pick up your discount coupons at the 4-H office, available in June. The Midway is reserved for you to eat lunch or dinner that day.

Family Night Out - Scera Pool Party



Date: Fri, July 15

Time: 6:30pm-8:00pm

Cost: FREE

Location: Scera Pool in Orem

Eligibility: All 4-H families

July's Family Night Out is a pool party! Come join us for a fun family get together at the pool. Free Aggie Ice Cream will be served. Children must come with an adult.

Tie Dye Day



Dates: Wednesday, July 27

Time: 12:30-2:30, sign up for a 30 minute time slot

Sign up by: July 20, call 801-851-8470

Cost: Free , but you have to sign up for a time slot!

Location: TBD

Eligibility: All 4-Her's

Come tie-dye all of your favorite white articles! Dye something to enter in the county fair, model for the Decorate Your Duds contest, or spice up your wardrobe just for fun.

Participants are asked to bring their own items to be dyed. Examples include, but are not limited to: t-shirts, hats, visors, bandanas, socks, or fabric shoes. Bring as many items as you'd like! All fabric should be 100% cotton for best results. We will be giving instructions on fun dyeing techniques, and then the creativity is up to you!

Robotics Camp

Date: Mon-Wed, August 1-3

Time: 9am-12pm Mon-Wed

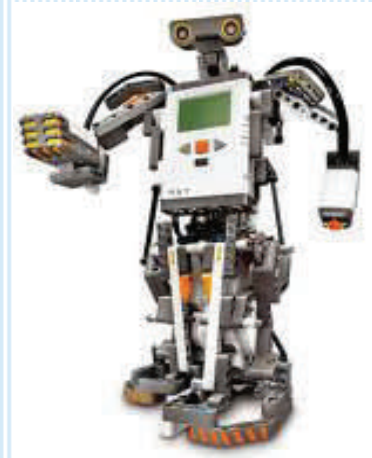
Sign up by: July 25, call 801-851-8470

Cost: TBA

Location: Historic Courthouse, Ballroom

Eligibility: 3rd-8th grade 4-Her's,

This exciting camp will be a hands on experience with building and programming robots. This camp promises to be an awesome adventure in the world of machines.



USU Extension Meals In Minutes: Pressure Cooking

Date: May 19th

Time: 6:30-8:30 pm

Cost: \$6 pre-registration or \$8 at the door

Sign Up: Call 801-851-8460 to sign up or for additional information

Location: L700 County Administration Building

Eligibility: Adults

Are you feeling the "pressure" to get delicious and inexpensive meals on the table fast? Learn how to cook less expensive cuts of meat, dried beans, and vegetables.

USU Extension Campfire Foods

Date: June 16th

Time: 6:30-8:30 pm

Cost: \$6 pre-registration or \$8 at the door

Sign Up: Call 801-851-8460 to sign up or for additional information

Location: TBA

Eligibility: Adults and their children

Bring the kids and enjoy a fun outdoor class to learn about campfire foods. Ideas and tips for using a Dutch Oven and a variety of other campfire cooking techniques.

USU Extension "Roll" into the Holidays

Date: July 21st

Time: 6:30-8:30 pm

Cost: \$6 pre-registration or \$8 at the door

Sign Up: Call 801-851-8460 to sign up or for additional information

Location: L700 County Administration Building

Eligibility: Adults

Learn to make delicious rolls in various shapes for every holiday. We will show you how to make the National Festival of Breads 2009 Winner!



100 E. Center St. L400
Provo, UT 84606
Phone: (801) 851 8470
Fax: (801) 343-8065
www.utahcounty4h.org

